

# Headlines

15<sup>th</sup> September 2017



## Dear Parents,

Our first full week back and it has been very successful. We welcomed the remainder of our Chestnut class into school this week and it is lovely to see that they are all settled and enjoying themselves. Years R to 4 also did their first swimming lessons of the school year in our very warm pool and our swimming teacher was very pleased with how everybody listened.

Below you will find details of our very exciting Healthy Living Sport week. Mr Good and Mr Knott have been very busy putting together a fantastic programme of events.

## Healthy Living Sport Week

During the weeks of the 2<sup>nd</sup> October and the 9<sup>th</sup> October we are holding lots of Healthy Living Sport Events. All the children will be involved in lots of different sporting and healthy activities designed to promote fitness and stamina, enable fun and enjoyment and perhaps introduce the children to a new sporting activity that they may want to continue.

Synergy Dance will be visiting the school to take a class with all the children

There will be skipping workshops for all children (see letter)

There will be American football for years 2-6

Netball for years 5 and 6

'Footpool' for all the classes

Swimming for all the children, including year 5 and 6

As well as healthy cooking, indoor games, sports science sessions, sport based music lessons and a little rest and relaxation.

Also look out for some five minute shake outs before school that parents can join in with!

We will be finishing the weeks with our annual Interhouse Day

Many of these events are being funded from school fund (payment available online) but we are asking parents for a £5 voluntary contribution. See slip below.

- During the fortnight we would like all children to wear their PE kit or a plain t-shirt and shorts with jogging bottoms and a sweatshirt (no football kits) and their trainers to school. FS and KS1 children who do not have trainers can wear their plimsoles, but they may get a little wet.
- Year 5 will need their swimming costumes and towels on Tuesday 3<sup>rd</sup> October
- Year 6 will need their swimming costumes and towels on Monday 2<sup>nd</sup> October
- All other years will need their swimming kits on their usual days.
- All children need a water bottle filled with water – they can refill this in school
- All children need a lightweight coat or waterproof.
- Children should either come to school with their earrings removed or be able to take their own earrings out

We are looking forward to a fun filled and action packed fortnight and have our fingers firmly crossed that the weather is kind to us.

Payment: The £5 donation can be paid either on line or by cash or cheque (Ongar Place School Fund) including the slip below.

---

To Mrs Edmondson

£5 voluntary contribution for Healthy Living Sports Week for Name: \_\_\_\_\_ Year: \_\_\_\_\_